

# Winter menu



## WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	chicken nuggets, new Potatoes and carrots	Chicken casserole	Pizza and salad	Chuckey veg soup and crusty bread roll	Jacket Potato with Tuna and Sweetcorn
Vegetarian Option	Vegetable Nuggets	Vegetable casserole	N/A	N/a	Cheesy Jackets and Sweetcorn
Desert	Ice cream	Fruit Salad	yogurt	Muffin	Rice pudding

## WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Sweet potato wedges, corn and breaded fish	Spagetti Bolognese with Salad	Shepherds Pie with veg and Gravy	Chicken, rice and green beans	Veg curry
Vegetarian Option	Quorn Fillets	Quorn Spagetti Bolognese	Vegetable Pie and Gravy	Roasted Vegetable Medley	N/A
Desert	Swish roll	Selection of Fresh fruit	Banana Cake	Pineapple	yoghurt

## WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Fish pie with veg	Veg stir fry	Fish fingers with veg and rice	Beef stew with dumplings	Vegetable pasta bake
Vegetarian Option	Veg pie	Veg stir fry	Quorn fillet	Veg stew	N/A
Desert	Rice Pudding	Jam tart	Ice cream	Yogurt	Blueberry cake